



Achievement

This month our students at William Knight Elementary School took the opportunity to express their heartfelt appreciation to the team who work so hard to serve them healthy, tasty meals every single day. During the week of February 15 the students from Mrs. Wayne’s class hand crafted thank you notes for all of their nutrition team.. They posted them around the cafeteria so each day there’s a pleasant reminder of how highly the students think of the program!



Center card in cafeteria

The trio who work in the cafeteria at William Knight Elementary include Joanne Hauser and Carol Barrow led by the Ginger Miller. These ladies serve an average of 300 meals each and they do

an amazing job at that. When you walk into their kitchen, it shines and all three ladies work in perfect tandem to get their work done efficiently. A student wrote a card expressing his thanks for “using hard effort to make delicious food. I enjoy



Thank You Card

your food because its healthy.” As a team we strive to offer not only nutritious but delicious meals and the ladies working at Knight Elementary do an amazing job of that day in and day out!

Community

On February 29 the Nutrition Services team had the opportunity to participate in the Eccles Elementary School Grandparents Day celebration! Students invited their grandparents to school to go to classes with them, visit the book fair and science fair. Our team served lunch to these wonderful visitors alongside our students! We offered turkey gravy with mashed potatoes, green beans and a whole wheat roll. We served 181 grandparents and 232 children that day! The cafeteria was buzzing with excited conversations as the students walked their grandparents through the lunch process! Thank you to all who came!

What’s New?

Did you know that we make our menu’s available in a multitude of different ways to make it easy to see what your student has available for lunch and breakfast each day?

There are hard copies available at your schools’ office, electronic copies available on the Canby School District website and now they are also available on Peach Jar!

In addition to our traditional menus we are excited to announce starting this month the elementary menu will now also be available in Spanish! Please visit the above mentioned areas to locate them!

Nutrition

This month we implemented a new offering at Canby High School for lunch! Sodexo values the connection of local farms and companies within our business and we were looking for new ways to strengthen that connection. What we found was a new healthy, vegetarian option for the students. We partnered with Truitt Family Foods from Salem and added two grab and go lunch boxes featuring their classic hummus and their fiesta lime bean dip!

What really drew our team to this company and these offerings was the focus on using local products in a sustainable way to produce healthy options!

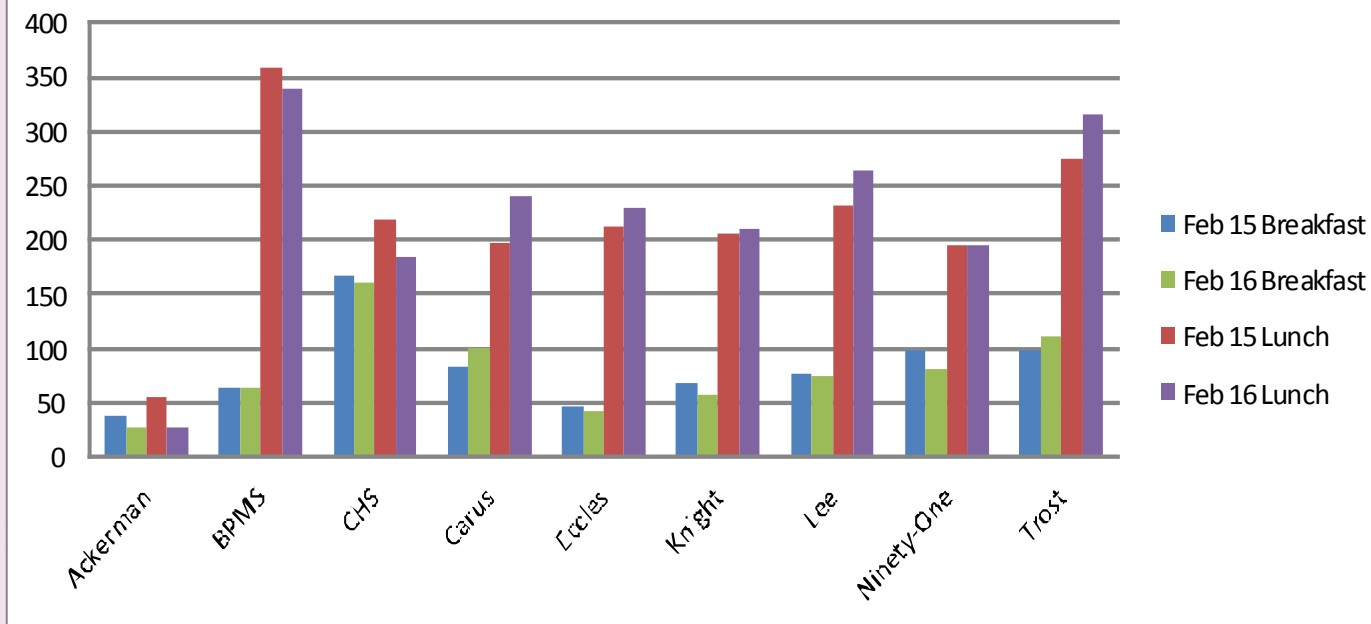
These items are available for the same price as regular student lunches and are offered every day of the week. The students have really loved the new flavors and we continue to serve more of these items every day.



Sample of a lunch box

Performance: Average Daily Participation

February 2015 vs. February 2016



In the graph above we have shared the average daily participation for all of our schools throughout the month of February compared against last February. The average daily participation is a great way to understand how the program is serving the students.

In all of our elementary sites we are serving more lunches on a daily basis than this time last year! Breakfast meals served is increasing and in many cases overtaking last years numbers. In the upcoming month we will be focusing on increasing meals served at the high school by researching what the student's are interested in having and offering more varieties of those items.

Development & Training

Summer Food Service Program (SFSP) ensures that low-income children continue to receive nutritious meals when school is not in session. This summer, USDA plans to serve more than 200 million free meals to children 18 years and under at SFSP sites.¹

Even though summer is still a few months away, preparations for the program are already underway!

This year members of the nutrition services team who would like to work during the summer will be all coming together for some in depth trainings to prepare for the fun coming up.



Summer Food Rocks

USDA Summer Food Program

One exciting facet of the program is that we are also able to supply meals for children when they are going on a field trip if they're participating in a summer program. With some advanced notice we can provide a tasty, nutritious meals on all of the children's summertime adventures.

Last year during the summer we were able to serve over 9,000 meals from June to August to children in Canby! This upcoming summer we hope to surpass that by 1,000. We are excited to continue to have the opportunity to nourish our students throughout the summer!

1. <http://www.fns.usda.gov/sfsp/summer-food-service-program-sfsp>



My name is Galina Dobson and I am the Director of Nutrition Services for the Canby School District. I am a proud Washington State Cougar Alumni with a degree in Hospitality Business Management. I love working for Sodexo and I am thrilled to be working with the great nutrition services team to continue to enrich the lives of the Canby student body.

Questions? Call me at 503-266-6742 ext. 3480 or email me at dobsong@canby.k12.or.us

Upcoming Events

The second week of March is National School Breakfast Week and the nutrition services folks will be celebrating with the students in a fun way!

What is National School Breakfast Week? It is an annual celebration launched in 1989 to raise awareness about the availability of the School Breakfast Program. The theme this year is "Wake Up To School Breakfast!"

Our breakfast program meals meet all federal dietary guidelines for students and is a healthy and affordable way for kids to start the day! We want the students in our area to succeed and the established link between eating breakfast and academic success is something that will be a focus for our celebration

We will be serving up our classic breakfast favorites. There will be activity pages daily for students to complete along with special prizes on Friday. These activities will be focused on the benefits of eating a balanced breakfast. After breakfast the staff will be posting the activities up around the cafeterias so the students have the opportunity to see their work throughout the day and share it with their peers.



Flyers posted at school sites

Meal Prices & Calling System Update

The meal prices were set at the beginning of this school year. The prices are listed on the right (for students with paid eligibility). Students who qualify for reduced meals are receiving

Breakfast	Lunch
K-6: \$1.10	K-6: \$2.35
7-8: \$1.25	7-8: \$2.70
9-12: \$1.35	9-12: \$2.95
Adult: \$2.00	Adult: \$3.60

those at no charge! This is because the Oregon Department of Education set aside monies to cover the cost for this school year.

Coming soon the Nutrition Services Department will begin delivering automated calls to households who have students with a negative balance in their meal account or, as a courtesy, those whose student's meal account balance is below \$5.00. These calls will begin going out on Tuesday's at 5:00PM.

Peachjar

The Canby School District recently began using Peachjar as an online tool to share information online. This is a great opportunity to decrease our impact on the environment but continue to share great information with the community, Moving forward we will post our menus here as well! For more information please visit:

<http://www.canby.k12.or.us/community/event-flyer>



SodexoMyWay: Nutrition Services Website

Visit the Nutrition Services website! On our website there is a multitude of resources available to assist students, parents and community members alike to better understand our program!

Not only is this a great place to find our menu's but one can also read about meal assistance, pay online for student meals, read new updates about student well being and even play on Lift Off's Playground!

Visit <http://canby.sodexomyway.com> to learn more! There is also a link to the website available on the Canby School District website!

Safety Corner

Since about December the district has been fighting the flu and cold in all of our schools. Our department is working alongside facilities to combat the spread of germs to shut down these sicknesses and keep our students and staff healthy! Before meals we are encouraging all students to wash hands or at least use sanitizer and are being ever diligent in ensuring we are wiping down all contact surfaces between service times in the cafeteria! The students have loved learning about techniques to ensure they're washing their hands properly. A favorite is singing "Happy Birthday" out loud to make sure they're scrubbing long enough to kill all the germs on their hands!

